

If you are **seeking ways to help a neighbor or colleague**, here are a few ideas organizations/events in Kittery that would happily accept donations of time or financial resources:

Category	Organization/ Event	Contact Info
Food	Footprints	~ https://www.footprintsfoodpantry.org/
	End 68 Hours of Hunger	https://www.end68hoursofhunger.org/donate/
Seacoast Fridge	KCC	Drop off labeled/perishable food items at the Fridge near the back door of the KCC
Fuel	Fuel and More	https://fuelandmore.org/
Laundry Assistance	Fresh Start Laundry of the Seacoast	jbahw5@gmail.com
Personal Care Items	SEE FLYER	 Helping our Neighbors.pdf