


If you are a person **seeking help**, here are a few ideas/ organizations in Kittery that may be able to help:

Category	Organization	More Information
FOOD	Footprints	located at Mainspring Collective (22 Shapleigh Road), downstairs on the right side of the building. https://www.footprintsfoodpantry.org/ Hours for Shopping: Mondays 9 - 11 a.m., Tuesdays 10 a.m. - 1 p.m. and 5 - 7 p.m., Wednesdays 2 - 6 p.m., Thursdays 10:30 a.m. - 1:30 p.m., Fridays 10 a.m. - 1 p.m. Deliveries by request.Meal Schedule: Breakfast Cafe' Tuesdays and Thursdays 7 - 9 a.m., Community Supper Thursdays 4 - 5 p.m. (dine in or take home).
	Seacoast Fridge	~ located at the Kittery Community Center (KCC), 120 Rogers Road. The fridge and pantry are open 24 hours/day (located outside). This is open to anyone in our community ~ take an item, leave an item
	End 68 Hours of Hunger	provides a bag of food to students for the weekend. Contact your child's school counselor or sign up here, https://forms.gle/b6yc7EX5RiW9kXM37
FUEL	Fuel and More	https://fuelandmore.org/
Additional Resources	Kittery School District Counseling Team	 Local Resource Guide f...